



Patient Resources for Navigating Healthcare Costs

Healthcare Cost Estimators

ClearHealthCosts clearhealthcosts.com

Compare costs for inpatient, outpatient, and dental care

CMS Guide [CMS Health Care Costs Guide](http://CMSHealthCareCostsGuide)

Federal resource for managing healthcare expenses

New Choice Health newchoicehealth.com

Price comparison tool for medical procedures

Healthcare Bluebook healthcarebluebook.com

Cost estimator for inpatient and outpatient care, medication, and dental care

FAIR Health fairhealthconsumer.org

Nationwide cost estimator for inpatient, outpatient, and dental care

Prescription Drug Savings

GoodRx goodrx.com

Price comparisons and coupons

PharmacyChecker pharmacychecker.com

Compare U.S. and international pharmacy prices

SaveWell savewellnow.com

Local pharmacy coupons and discounts

SingleCare singlecare.com

Free discount card and price comparison for medications

Cost Plus Drugs costplusdrugs.com

Discount prescriptions sold directly to consumers

National Organization for Rare Diseases

(NORD) rarediseases.org/patient-assistance-programs/financial-assistance/

Financial assistance with costs related to insurance, diagnostic testing, travel for clinical trials or consultation with disease specialists

Good Health Will goodhealthwill.org

Low-cost durable medical equipment

Good Days mygooddays.org

Helps patients with qualifying medical conditions pay for treatments and medical care

NeedyMeds needymeds.org

Search database for improved access to affordable prescriptions, healthcare, resources, or assistance programs

Financial Assistance Programs

HealthWell Foundation

healthwellfoundation.org

Helps uninsured patients with copays, deductibles, and out-of-pocket expenses

The Assistance Fund (TAF)

tafcares.org *Helps insured individuals with life-altering diseases overcome financial barriers preventing access to treatment*

Patient Advocate Foundation (PAF)

copays.org *Helps qualified patients pay for prescription drug and treatment copays*

Everylife foundation for rare diseases

everylifefoundation.org/financial-support/

Advocacy and funding for rare disease treatment access



Transportation Assistance

Non-Emergency Medical Transportation

(NEMT) [cms.gov/non-emergency-medical-transportation](https://www.cms.gov/non-emergency-medical-transportation)

Provides Medicaid beneficiaries access to non-emergency medical transportation

Mercy Medical Angels [mercymedical.org](https://www.mercymedical.org)

Provides ground and air transportation to patients in need

General Help & Navigation

American Association of Family Physicians Neighborhood Navigator

aafp.org/family-physician/patient-care/the-everyone-project/neighborhood-navigator.html

Find local help for food, housing, education, transportation and more by ZIP code

Consumer Reports Health

[consumerreports.org/health](https://www.consumerreports.org/health)

Provides expert reviews and ratings for health-related products and services

Patient Organizations

Many patient organizations exist for specific neuromuscular disorders.

AANEM has a list of muscle & nerve disorders that include information and links to corresponding patient organizations

aanem.org/clinical-practice-resources/patient-information/muscle-nerve-disorders

NORD also has a searchable

Organizational Database (ODB)

rarediseases.org/patient-organizations