



2621 Superior Drive NW
Rochester, MN 55901
507.288.0100
www.neuromuscularfoundation.org

American Neuromuscular Foundation

2621 Superior Drive NW
Rochester, MN 55901

P 507.288.0100
www.neuromuscularfoundation.org

Patient Resources

Navigating Healthcare Costs

Helpful tools and services to estimate care, save on prescriptions, and find financial assistance

HEALTHCARE COST ESTIMATORS

Clear Health Costs

clearhealthcosts.com

Compare costs for inpatient, outpatient, and dental care

CMS Guide

[CMS Health Care Costs Guide](#)

Federal resource for managing healthcare expenses

New Choice Health

newchoicehealth.com

Price comparison tool for medical procedures

Healthcare Bluebook

healthcarebluebook.com

Cost estimator for inpatient and outpatient care, medication, and dental care

FAIR Health

fairhealthconsumer.org

Nationwide cost estimator for inpatient, outpatient, and dental care

PRESCRIPTION DRUG SAVINGS

GoodRx

goodrx.com

Price comparisons and coupons

Pharmacy Checker

pharmacychecker.com

Compare U.S. and international pharmacy prices

Save Well

savewellnow.com

Local pharmacy coupons and discounts

SingleCare

singlecare.com

Free discount card and price comparison for medications

Cost Plus Drugs

costplusdrugs.com

Discount prescriptions sold directly to consumers

Good Health Will

goodhealthwill.org

Low-cost durable medical equipment

Good Days

mygooddays.org

Helps patients with qualifying medical conditions pay for treatments and medical care

Needy Meds

needymeds.org

Search database for improved access to affordable prescriptions, healthcare, resources, or assistance programs

National Organization for Rare Diseases (NORD)

rarediseases.org/patient-assistance-programs/financial-assistance/

Financial assistance with costs related to insurance, diagnostic testing, travel for clinical trials or consultation with disease specialists

FINANCIAL ASSISTANCE PROGRAMS

Health Well Foundation

healthwellfoundation.org

Helps uninsured patients with copays, deductibles, and out-of-pocket expenses

The Assistance Fund (TAF)

tafcares.org

Helps insured individuals with life-altering diseases overcome financial barriers preventing access to treatment

Patient Advocate Foundation (PAF)

copays.org

Helps qualified patients pay for prescription drug and treatment copays

Every Life Foundation for Rare Diseases

everylifefoundation.org/financial-support/

Advocacy and funding for rare disease treatment access

TRANSPORTATION ASSISTANCE

Non-Emergency Medical Transportation (NEMT)

cms.gov/medicare/medicaid-coordination/states/non-emergency-medical-transportation

Provides Medicaid beneficiaries access to nonemergency medical transportation

Mercy Medical Angels

mercymedical.org

Provides ground and air transportation to patients in need

PATIENT ORGANIZATIONS

Many patient organizations exist for specific neuromuscular disorders. AANEM has a list of muscle & nerve disorders that include information and links to corresponding patient organizations

aanem.org/clinical-practice-resources/patient-information/muscle-nerve-disorders

The National Organization for Rare Diseases (NORD) also maintains a searchable Organizational Database

rarediseases.org/patient-organizations/

GENERAL HELP & NAVIGATION

American Association of Family Physicians Neighborhood Navigator

aafp.org/family-physician/patient-care/the-everyone-project/neighborhood-navigator.html

Find local help for food, housing, education, transportation and more by ZIP code

Consumer Reports Health

consumerreports.org/health

Provides expert reviews and ratings for health related products and services